

## **RADIESSE PRE- & POST-TREATMENT CARE**

- Avoid taking aspirin or products containing aspirin for 7 to 10 days prior to treatment.
- If using topical numbing cream (LMX 4%), begin applying to areas to be treated at least 15 minutes prior to your scheduled appointment. You may purchase the cream either in our office or at the pharmacy.
- Apply ice to the treated areas for 10 minutes every hour for the first 24 hours after the treatment and as needed after that.
- Keep head elevated on 2 pillows for the first 48 hours during sleep or when lying down.